

HIGH RISK AREA RULES

1. You must not socialise with anybody outside of your household or support bubble in any indoor setting, whether at home or in a public place – so you cannot meet other people in your houses or at the pub or in a museum

2. You must not socialise in a group of more than 6 outside, including in a garden or other spaces like beaches or parks
So you can see your friends but it has to be outside for example in your garden, the park, the zoo

3. Businesses and venues selling food for consumption off the premises can continue to do so after 10pm as long as this is through delivery service, click-and-collect or drive-through.
But remember you cannot go to these places with anyone other than people you live with or in your support bubble

4. Schools / Shops/ Cinema remain open with Covid measures in place

5. You must wear masks where it is required such as on public transport, in taxi's, in shops, at the cinema unless you are exempt.
Remember as adults please wear a face covering when dropping off/collecting your child from school

6. You can continue to travel to venues or amenities that are open, for work or to access education, but should look to reduce the number of journeys you make where possible

7. Exercise classes and organised sport can continue to take place outdoors; these will only be permitted indoors if it is possible for people to avoid mixing with people they do not live with or share a support bubble with; there are exceptions for supervised activities for under-18s, and disability sport

Remember to follow all the rules above and to maintain social distancing (2 metres) – by doing this you will help beat this virus and help to prevent us going into VERY HIGH category which brings with it even more restrictions.